

NOVEMBER CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4	5	6	7	8
Asian Turkey Burger Sweet Potato Wedges 4 oz Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz Milk	Fiesta Chicken w/onions & Peppers Roasted Corn & Black Beans 4 oz Cilantro Lime Rice 4 oz WG Roll Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz	Salisbury Steak w/Gravy Mashed Potatoes-4 oz Mixed Vegetables-4 oz Biscuit Fruit Cocktail-4 oz Margarine-1 ea Milk-8 oz	Cheese Ravioli w/Sauce 1 ea Italian Veggie Blend-4 oz Roasted Potatoes-4 oz Potato Roll-1 ea Margarine-1 ea Fresh Pear-1 ea 100% Juice	New Orleans Chicken StirFry 4 oz Over Lo Mein Noodles 2 oz Vegetable Blend-4 oz Steamed Broccoli Hawaiian Roll Apricots-4oz Milk-8 oz Fotune Cookie-1 ea 
11	12	13	14	15
	Pub Burger w/Cheese Potato Wedges 4 oz Lettuce/Tomato/Onion Fruit Cocktail-4 oz WG Bun Ketchup/Mustard 100% Fruit Juice 	Chef Garey's Choice 	Chicken Fajitas 3 oz Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Flour Tortilla Shells 2 ea Birthday Cake Pineapple Cup 100% Fruit Juice-4 oz	Glazed Citrus Salmon 3 oz Rice Pilaf 4 oz Mixed Veggies 4 oz WG Roll Margarine Mixed Fruit Cup Milk-8 oz
18	19	20	21	22
Swedish Meatballs 6 ea Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt Milk	BBQ Pork Loin Sweet Corn 4 oz Cole Slaw 4 oz Wheat Roll Mango & Papaya 4 oz Margarine 100% Fruit Juice	Crispy Chicken Salad 3 oz w/Apples & Cranberries Cole Slaw-4 oz Potato Roll Diced Pears Milk-8 oz 	Mostaccioli w/Meat Sauce 8 oz French Green Beans 4 oz Corn on the Cob 1 ea Fresh Pear Baked Breadstick 100% Fruit Juice-4 oz	Philly Chicken w/Cheese 3 oz Potato Wedges 4 oz Veggie Blend 4 oz Sub Bun Margarine-1 ea 100% Fruit Juice
25	27	28	29	
Chili W/Ground Beef 8 oz Veggie Blend 4 oz Corn Bake 4 oz Strawberry Applesauce Milk	THANKSGIVING LUNCHEON Turkey Breast W/Gravy 3 oz Mashed Potatoes 4 oz Garey's Famous Green Beans 4 oz HM Mac & Cheese 4 oz Wheat Roll w/Margarine HM Holiday Cookie 100% Fruit Juice-4 oz	Cobb Salad 4 oz w/Turkey, Cheese, Egg, Bacon Pasta Salad 4 OZ Fruit Muffin-1 ea Mandarin Oranges-4 oz Salad Dressing Pkt-1 ea Milk-8 oz		

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735